

Homework Suggestions

Suggestion 1: to initiate a discussion with parents on antibiotics.

Interview your parents, and ask them if they have used antibiotics. If they have, for what diseases have they used it for? What were their symptoms? Did they confirm if they had a bacterial infection? Did they finish the course or did they stop as soon as they began to feel better?

<u>Suggestion 2:</u> to check if students remember what antibiotics work on, and what are the different ways to deal with infections.

Give pamphlets to each individual or group, each describing a diseased condition, like diarrhoea, viral fever, cold and cough. In the sheet mention what is the causative organism of the condition (bacteria/virus). Ask the students to think of themselves as doctors and suggest steps to be taken as prescriptions.

<u>Suggestion 3:</u> The government has formed a Committee to tackle antibiotic resistance and made you the head of it. List out 10 recommendations you would make to the government based on your understanding of the problem.

<u>Suggestion 4:</u> You are a pharmacist. Someone visits your pharmacy and requests an antibiotic to help with their cold and sore throat. What would you do? How would you make them understand why this is a problem?



Suggestion 5: Pharmacy Survey

Ask your parents if they know what the red line on medicine foils (covers) mean?

Visit your local pharmacy accompanied by an adult and try to buy 10 tablets of the antibiotic amoxicillin. Speak to the pharmacist and gather the following information from your pharmacist. Inform the pharmacist that this is an anonymous questionnaire and that his/her personal or the pharmacy details will not be recorded.

1. Do you deny selling antibiotics without a prescription?

2. Is this because (If they answered No to question 1, modify the question to - If you have to deny selling antibiotics without prescription, would that be because)

A) you believe misusing antibiotics could pose health risk to the patient/community

B) it is against law

3. If someone asks for an antibiotic without prescription, do you ask them what they are going to use it for and make your own suggestions?

4. Do you suggest antibiotics to people asking for medication to help their symptoms without visiting a doctor?

5. How many customers ask for an antibiotic every day without presenting a valid prescription?

6. Do you ever explain to the patients asking for antibiotics without prescription, the problems it could cause them?

7. Have you heard of antibiotic resistance? Do you believe it is a problem?

8. Do you know of the redline on some medicines and what it stands for?

9. Have you ever explained the meaning of the redline on medication to your customers?

10. What is the most common ailment people ask an antibiotic for without prescription?

