



Ice Breaker Activity

This workshop is titled **Superheroes against Superbugs**. Let's first understand the words here - Superheroes and Superbugs.

Show a slide of Marvel Superhero comic characters.

Do you know any of these Superheroes? What kinds of things do they do? Can you give us a few examples?



Show a slide with P V Sindhu, Malala Yousufzai and Dr Kailash Satyarthi (or any other prominent people that the children would recognise). Would you call these people as superheroes too? Do you know them and what they have done?

Discuss the achievements of each of them :

1. P.V. Sindhu: She was the first Indian woman to have won an Olympic silver medal. Her success as a badminton player has made her a huge role model for many Indians, especially women in the country. This is especially important where sports, and women sports are generally neglected in India.



problem in Pakistan and fight with her.

2. Malala Yousufzai is a Pakistani activist for women education and became the youngest Nobel laureate ever for her work. You might all know that she went against the Taliban rule, which banned girls' education and was almost killed for it. But her courage ensured that the world got to know of the depth of the

3. Dr Kailash Satyarthi is an Indian child's activist and fights to save children from slavery, bonded labor and trafficking. He has saved more than 86,000 children so far and helped them have a life of dignity.



Would you call these people superheroes? Why? (Expected answer: Did things for others' betterment)

Now what would you think of a sweeper who keeps your school clean or the police who keeps the city safe, teachers who teach you to be better human beings, doctors who save people from diseases, scientists who make discoveries? Do you think they can be called as superheroes too? (Expected answer: Yes, because they also work towards others' betterment).

Can we also become superheroes? (Yes/No why?) Superheroes have powers, and all of us also have different powers. Some of us are great in painting - give a clap if you are, some of us are great in building things - raise your hand if you are, some of us are great dancers - make some noise if you are. Every skill is important in its own sense - but we need to know the problem we wish to solve using our skills.

Now coming to superbugs, do you know what is a bug? A bug is generally something that annoys us.



Then what is a superbug? Something that annoys us even more. But I won't tell you now what is this superbug - you will figure it out eventually. But what I can definitely tell you is these superbugs are all around us and making our lives really, really difficult. So, we will all try to identify our superpowers to fight the superbugs. **All of us, the superheroes, will become partners in the next three days to fight the superbugs.**

Some of the **rules of engagement** during these three days – where you will ask, discuss and come up with solutions.

We expect you to work in teams

Be curious and ask questions &

We expect you to be critical but respectful of each other's ideas.

So, before we start anything else, **let's make teams of 6**. For a class of 30, there will be 5 teams. (Have them pick chits of paper that have names of 5 animals written on them.) When we call out each animal's name, you can make a sound of it, and gather at the position where we ask you to.

Once the groups are formed - **You will create a superhero logo for your team, give it a name and decide its super powers too.** (Distribute a sheet of card paper, some color sketchpens and a pencil and an eraser to draw, stick the sheet on the table of their work with cello tape.) Call out the different teams to show their logo and tell the class their powers.

